

# Santa Barbara Regional Health Authority

# Drug Therapy Initiatives

## Fall 2003

<i><b>Our Drug Therapy Initiatives</b></i>	<i><b>Please Consider These Alternatives</b></i>
<p><b>Hypercholesterolemia</b>  <u><b>Lovastatin: for Zocor and Lipitor</b></u>            Convert patient Rxs to equipotent dose of Lovastatin</p>	<ul style="list-style-type: none"> <li>➤ Zocor 20mg/day or Lipitor 10mg/day = Lovastatin 40mg QD</li> <li>➤ Zocor 40mg/day or Lipitor 20mg/day = Lovastatin 40mg BID</li> </ul> <p style="text-align: center;">If not at goal</p> <ul style="list-style-type: none"> <li>➤ Consider Advicor or Niaspan</li> <li>➤ Consider Zetia</li> <li>➤ Consider change to Lipitor</li> </ul>
<p><b>GERD</b>  <u><b>OTC Prilosec</b></u></p>	<p>Alternative generic Famotidine (Pepcid) 40mg BID or generic Ranitidine (Zantac) 150mg BID</p>
<p><b>Allergic rhinitis → 1<sup>st</sup> –line Tx is:</b>  <u><b>Mometasone (Nasonex)</b></u></p>	<ul style="list-style-type: none"> <li>➤ Nasal steroids are preferred over antihistamines</li> <li>➤ Nasonex is safe for children 2 and above (FDA approved)</li> <li>➤ Nasacort AQ and Flonase are alternatives</li> </ul>
<p><b>Fluoxetine → First line</b></p>	<ul style="list-style-type: none"> <li>➤ SSRI with the longest safety history</li> <li>➤ Equally efficacious to all other SSRI's</li> </ul>
<p><b>COX-2's require PA</b>  <b>Celebrex, Bextra, and Vioxx are often <u>non-formulary and require PA</u></b></p>	<ul style="list-style-type: none"> <li>➤ Lower doses of generic Relafen and Lodine have COX-2 properties</li> <li>➤ Generic Relafen 500mg BID (max 1000mg BID)</li> <li>➤ Generic Lodine 400mg BID (max 400mg TID)</li> <li>➤ Celebrex is preferred COX-2 for MRF's</li> </ul>
<p><b>OTC Loratadine for Rx</b>  <u><b>Clarinet, Allegra, and Zyrtec</b></u></p>	