

NEED CARE AFTER HOURS?

How to get urgent care after 5pm or on weekends!



Call a Registered Nurse 24/7 for help!

Sometimes, you feel sick or get hurt when your doctor's office is closed. Here are two ways you can get care.



Call the CenCal Health 24-hour Nurse Advice Line

If you need medical advice and your doctor is not available, you can talk to a nurse any time, day or night.

1-800-524-5222 Call day or night

A nurse can answer your health questions, help you treat symptoms at home, or tell you if you need to see a doctor.

The nurse can also find an after-hours doctor to see you weekdays after 5pm or on weekends.

This service has no cost to CenCal Health members.



Visit a CenCal Health after-hours doctor

You can get care from doctors offering extra hours—weekdays after 5:00 p.m. and on weekends:

FIRST

Call your doctor's office to see if they offer evening or weekend hours. If they do, you can see them to get the care you need.

SECOND

If your doctor does not offer weekend or evening hours, call or go to one of the doctors listed in our after hours list.

You can go to an After Hours doctor for care even if you are not their assigned patient. You do not need a referral from your doctor.



AFTER HOURS CARE for CenCal Health Members

You may only see these doctors weekdays after 5 p.m. or on the weekends for urgent care. You must see your assigned PCP doctor or clinic during regular business hours.

ATENCIÓN MEDICA DESPUÉS DE HORAS para los Miembros de CenCal Health

Solo puede ver a estos médicos después de las 5 p.m. o los fines de semana para recibir atención médica de urgencia. Usted debe de ir con su proveedor de cuidado primario o clínica que le fue asignado durante los horarios normales de servicios.

ALERT: Due to COVID-19, hours may have changed. Call the location first to make sure it is open. ALERTA: Debido al COVID-19, los horarios de servicio pueden haber cambiado. Llame al lugar (oficina/clínica) para confirmar que esté abierta.

ARROYO GRANDE

CHCCC: Arroyo Grande - Fair Oaks 1057 Grand Ave | (805) 481-7220 Ages: 2+ M-F: 5:00pm - 8:00pm SAT-SUN: 9:00am - 5:00pm

CHCCC: Arroyo Grande - Station Way 260 Station Way, Ste A

(805) 473-6201 Ages: ALL M-TH: 5:00pm - 6:00pm

ATASCADERO

All for Health, Health for All 5855 Capistrano Ave, Ste D (805) 466-5600 Ages: 19+ M-F: 5:00pm - 5:30pm

CHCCC: Atascadero 7512 Morro Rd | (805) 792-1400 Ages: ALL M-F: 5:00pm - 6:00pm

FCPP Atascadero 6955 El Camino Real, Ste 101 (805) 395-FCPP Ages: 18+ M-F: 7:30am - 5:00pm

BUELLTON

Buellton Medical Center 195 W Hwy 246 | (805) 686-8555 Ages: ALL SAT: 9:00am - 2:00pm

CAMBRIA

CHCCC: Cambria 2515 Main St | (805) 927-5292 Ages: ALL M-F: 5:00pm - 5:30pm

CARPINTERIA

Jackson Medical Groupe

5565 Carpinteria Ave, Ste 4 (805) 684-4119 Ages: 19+ SAT: 8:00am - 1:00pm * Each office is open one Saturday a month. To schedule, please call in advance to verify location is open.

GOLETA

Goleta Neighborhood Clinic 5580 Calle Real | (805) 617-7878 Ages: ALL M,T: 5:00pm - 7:00pm W,TH,F: 5:00pm - 6:00pm SAT: 9:00am - 12:00pm

Jackson Medical Group

220 Pacific Oaks Rd (805) 979-4646 Ages: 18+ T-TH: 5:00pm - 6:00pm SAT: 9:00am - 2:00pm* *Each office is open one Saturday a month. To schedule, please call in advance to verify location is open.

The Medcenter Inc

271 N Fairview Ave, Ste 101 (805) 681-7411 Ages: ALL M-F: 5:00pm - 8:00pm SAT: 8:00am - 8:00pm

GUADALUPE

CHCCC: Guadalupe 4723 W Main St, Ste H (805) 343-5577 Ages: 18+ M-F: 5:00pm - 6:00pm

ISLA VISTA

Isla Vista Neighborhood Clinic 970 Embarcadero Del Mar (805) 968-1511 Ages: ALL M,T: 5:00pm - 7:00pm W,TH,F: 5:00pm - 6:00pm SAT: 9:00am - 12:00pm

LOMPOC

CHCCC: Lompoc 425 W Central Ave, Ste 201 (805) 737-1169 Ages: ALL M-F: 5:00pm - 6:00pm

Lompoc Health North H Center 1225 N H St

(805) 737-8700 Ages: ALL M-SUN: 9:00am - 9:00pm

LOMPOC

Valley Medical Group 136 N 3rd St | (805) 736-1253 Ages: ALL M-TH: 5:00pm - 7:00pm

SAT: 9:00am - 12:00pm Walk-In Care & Family Care

217 W Central Ave, Ste G (805) 735-4292 Ages: 19+ M-F: 5:00pm - 6:00pm SAT: 9:00am - 3:00pm

NIPOMO

CHCCC: Nipomo 150 Tejas Pl | (805) 929-3211 Ages: ALL M-F: 5:00pm - 7:00pm

OCEANO

CHCCC: Del Mar 2120 Cienega St | (805) 994-2101 Ages: 19+ M-F: 5:00pm - 6:00pm

PASO ROBLES

CHCCC: Paso Robles 416 Spring St | (805) 238-7250 Ages: ALL SAT: 8:00am - 5:00pm After hours expected to be offered starting July/August 2020

CHCCC: Los Robles 2800 Riverside Ave, Ste 101 (805) 238-7250 M-F: 5:00pm - 6:00pm

PISMO BEACH

Med Plus Pismo Beach 877 Oak Park Blvd | (805) 474-8450 Ages: 19+ M-F: 5:00pm - 6:00pm SAT: 9:00am - 3:00pm

SAN LUIS OBISPO

CHCCC: San Luis Obispo Casa 77 Casa St, Ste 201 & Ste 202 (805) 269-1500 Ages: 10+ M-F: 5:00pm - 7:00pm SAT: 9:00am - 4:00pm

FCPP – San Luis Obispo 35 Casa St, Ste 320 (805) 395-FCPP Ages: 18+ • M-TH: 5:00pm - 6:00pm

SAN LUIS OBISPO (Cont)

Rene Bravo, M.D 3241 S Higuera St (805) 544-4460 Ages: 0-18 • SAT: 9:00am - 12:00pm

CHC San Miguel 1385 Mission St (805) 467-2344 Ages: 19+ • M-F: 5:00pm - 7:00pm

SANTA BARBARA

Sansum Clinic Urgent Care 215 Pesetas Ln (805) 563-6110 Ages: ALL M-SUN: 5:00pm - 7:00pm

American Indian Health & Svcs 4141 State St, Ste B-2 (805) 681-7144 Ages: ALL

M-SAT: 5:00pm - 5:30pm

Eastside Neighborhood Clinic 915 N Milpas | (805) 963-1641 Ages: ALL M,T: 5:00pm - 6:00pm W,TH,F: 5:00pm - 6:00pm SAT: 9:00am - 12:00pm

Jackson Medical Group

517 W Junipero St (805) 682-8844 Ages: 18+ M-TH: 5:00pm - 6:00pm SAT: 9:00am - 2:00pm* *Each office is open one Saturday a month. To schedule, please call in advance to verify location is open.

Westside Neighborhood Clinic

628 W Micheltorena St (805) 963-1546 Ages: ALL M-F: 5:00pm - 6:00pm SAT: 9:00am - 12:00pm

The MedCenter Inc

2954 State St (805) 682-7411 Ages: 18+ M-F: 8:00am - 8:00pm SAT: 8:00am - 8:00pm SUN: 10:00am - 6:00pm

The MedCenter Inc

271 N Fairview Ave, Ste 101 (805) 681-7411 Ages: ALL M-SAT: 8:00am - 6:00pm

The MedCenter Inc 319 N Milpas St

(805) 965-3011 Ages: ALL M-SAT: 8:00am - 6:00pm

Zugan Health Medical Corp.

1015 De La Vina St, Ste E (805) 395-4946 Ages: ALL M-F: 8:00am - 8:00pm SAT: 8:00am - 6:00pm SUN: 10:00am - 6:00pm

SANTA MARIA

CHCCC: Del Valle 430 S Blosser Rd | (805) 361-8900 Ages: ALL M-F: 5:00pm - 9:00pm

CHCCC: Santa Maria Broadway 1835 N Broadway | (805) 345-3701 Ages: 0-18 • M-F: 5:00pm - 6:00pm

CHCCC: Santa Maria Way

2801 Santa Maria Way, Ste A (805) 938-9200 Ages: ALL M-TH: 5:00pm - 7:00pm F: 5:00pm - 5:30pm

Marian Community Clinics

117 W Bunny Ave (805) 739-3890 Ages: ALL M-TH: 7:45am - 8:00am 5:00pm - 6:00pm F: 5:00pm - 7:00pm

Santa Maria Health Care Center

2115 S Centerpointe Pkwy (805) 346-7230 Ages: 12+ • M-TH: 5:00pm - 6:00pm

Robert Barry, M.D. 1420 S Miller St. Ste A

(805) 922-3573 Ages: 0-16 • SAT: 9:00am - 12:00pm

Jeffrey Kaplan, M.D. 301 S Miller St, Ste 204

(805) 354-5200 Ages: 0-16 • M-F: 5:00pm - 5:30pm

Pediatrics Suite B

1420 S Miller St, Ste B (805) 614-7040 Ages: 0-18 • SAT: 9:00am - 12:00pm

SANTA YNEZ

Santa Ynez Valley Health Center 1992 Old Mission Dr, Ste 140 (805) 614-5690 Ages: 19+ M-F: 5:00pm - 6:00pm SAT: 9:00am - 3:00pm

TEMPLETON

CHCCC: Templeton 1330 Las Tablas Rd. (805) 542-6703 Ages 0-18, M-F: 5:00pm - 7:00pm Ages 19+, M-F: 5:00pm - 6:00pm

FCPP: Templeton

959 Las Tablas Rd (805) 395-FCPP Ages: 18+ M-F: 7:45am - 5:00pm

All for Health, Health for All

5855 Capistrano Ave, Ste D (805) 466-5600 Ages: 19+ M-F: 5:00pm - 5:30pm Every other SAT: 7:30am - 12:30 pm

For the most current information, you can also visit our website. Los horarios pueden cambiar. Llame para saber si tienen citas disponibles. Para obtener información que este más reciente, también puede visitar nuestra página de internet.

Hours may change. Call to check availability.

cencalhealth.org/afterhours

Member Services is here to help. Call 1-877-814-1861 Monday to Friday, 8 a.m. - 5 p.m. For the hearing impaired, please call the CA Relay at 711 or the CenCal Health TTY at 1-833-556-2560. The call is toll-free.

El departamento de Servicios para Miembros está aquí para ayudarle. Llame a 1-877-814-1861 de lunes a viernes, 8 a.m. - 5 p.m. Las personas con problemas auditivos deben llamar al servicio de retransmisión de California al 711 o a la línea TTY de CenCal Health al 1-833-556-2560. La llamada es gratuita.

