

NEED CARE AFTER HOURS?

How to get urgent care after 5pm or on weekends!



Call a Registered Nurse 24/7 for help!

Sometimes, you feel sick or get hurt when your doctor's office is closed.
Here are two ways you can get care.



Call the CenCal Health 24-hour Nurse Advice Line

If you need medical advice and your doctor is not available, you can talk to a nurse any time, day or night.

1-800-524-5222
Call day or night

A nurse can answer your health questions, help you treat symptoms at home, or tell you if you need to see a doctor.

The nurse can also find an after-hours doctor to see you weekdays after 5pm or on weekends.

**This service has no cost to
CenCal Health members.**



Visit a CenCal Health after-hours doctor

You can get care from doctors offering extra hours—weekdays after 5:00 p.m. and on weekends:

FIRST

Call your doctor's office to see if they offer evening or weekend hours. If they do, you can see them to get the care you need.

SECOND

If your doctor does not offer weekend or evening hours, call or go to one of the doctors listed in our after hours list.

You can go to an After Hours doctor for care even if you are not their assigned patient. You do not need a referral from your doctor.



When to call 911 or go to the nearest Emergency Room:

A broken bone, trouble breathing, loss of consciousness, or other conditions that feel like an emergency.

