

Adult Medi-Cal Mental Health Screening Tool

Instructions

1. Each evaluation element is defined along a scale of zero to three.
2. Each score in the scale is defined by one or more criteria.
3. Only one of these criteria need be met for a score to be assigned for that element.
4. The evaluator should start in the “Severe” column and select the highest score or rating in which at least one of the criterion is met. For example, if one or more criterion is met, place a score of “3” in the “Score” column. If no criterion is met under the “Severe” column, the evaluator should next review the “Moderate” column and so forth.
5. If no criterion is met under an element, a score of zero should be given for that element.
6. Scores are placed in the far left column and summed under “Total Score.”
7. On the Adult Screening Tool Rubric form under the SCREENING OUTCOME, check the box in which the cumulative score falls.

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Managed Care Plans and Mental Health Plan will follow Medical Necessity Criteria for Medi-Cal Specialty Mental Health Services described in Title 9 CCR & County Policy

Member's Name:

Member ID:

Date of screening:

Element	Severe (3)	Moderate (2)	Mild (1)
Clinical Complexity <i>(serious & persistent mental illness vs situational/reactive, recovery status, functional impairment, treatment engagement medication complexity, psychiatric hospitalizations)</i> SCORE: <input type="text"/>	<input type="checkbox"/> Depression: Severe. <input type="checkbox"/> Mental Health History: Schizophrenia or other included Dx with recent instability or worsening function. Hx of severe impairment with poor response to Tx. <input type="checkbox"/> Psychiatric Hospitalizations: 1+ within past 6 months. <input type="checkbox"/> Psychotropic Medication Stability: Not yet stable to stable for less than 6 months.	<input type="checkbox"/> Depression: Moderate. <input type="checkbox"/> Mental Health History: Schizophrenia, major mood, or other included Dx with uncomplicated management or sustained recovery. Hx of severe impairment with effective response to Tx. <input type="checkbox"/> Psychiatric Hospitalizations: 1+ within past year <input type="checkbox"/> Psychotropic Medication Stability: Stable for 6 months.	<input type="checkbox"/> Depression: Mild. <input type="checkbox"/> Mental Health History: Adjustment reaction, grief, job loss, marital distress, relationship difficulty. No Hx of severe impairment. <input type="checkbox"/> Psychiatric Hospitalizations: None within the past year. <input type="checkbox"/> Psychotropic Medication Stability: Stable for over a year.
Life Circumstances <i>(biopsychosocial assessment, availability of resources, environmental stressors, family/social/faith-based support)</i> SCORE: <input type="text"/>	<input type="checkbox"/> Emotional Distress: Persistent as a manifestation of chronic symptoms related to mental health. <input type="checkbox"/> Relationships/Supports: Relies on behavioral health system for resources & support.	<input type="checkbox"/> Emotional Distress: Intermittent as a manifestation of symptoms of mental health, which are worsened by life stressors. <input type="checkbox"/> Relationships/Supports: Limited resources & support.	<input type="checkbox"/> Emotional Distress: Arising in the course of normal life stresses. <input type="checkbox"/> Relationships/Supports: Adequately resourced & supported.
Risk <i>(suicidal/violent, high risk behavior, impulsivity)</i> SCORE: <input type="text"/>	<input type="checkbox"/> Suicidal/Homicidal Ideation: Recent or current active ideation, intent, or plan. <input type="checkbox"/> Danger to Self/Danger to Others: Recent or current attempts or threats w/in past 6 months.	<input type="checkbox"/> Suicidal/Homicidal Ideation: Active without intent. Danger to Self/Danger to Others: No threats or attempts w/in past 6 months.	<input type="checkbox"/> Suicidal/Homicidal Ideation: Passive. <input type="checkbox"/> Danger to Self/Danger to Others: None/.
TOTAL SCORE:	SCREENING OUTCOMES <input type="checkbox"/> Total Score: 0 – 3 = Mild / Managed Care Plan <input type="checkbox"/> Total Score: 4 – 6 = Moderate / Managed Care Plan <input type="checkbox"/> Total Score: 7 – 9 = Severe / County Mental Health		

Notes: