

# Community Supports

## Services to Address Homelessness and Housing

### Housing Deposits\*

**Funding for one-time services necessary for members to gain housing**, including security deposits to obtain a lease, first month's coverage of utilities, or first and last month's rent required prior to occupancy.

### Housing Transition Navigation\*

**Assistance for members to obtain housing**, including completing a housing support plan to identify barriers to housing, assistance with searching for housing or completing housing applications.

### Housing Tenancy and Sustaining Services\*

Supporting members to **maintain stable tenancy once housing is secured**, including interventions for behaviors that may jeopardize housing, such as late rental payment and services, to developing financial literacy.

## Recuperative Services

### Recuperative Care\* (medical respite)

**Short-term residential care for members who no longer require hospitalization, but still need to recover** from injury or illness. Up to 90-day placement for members who are homeless or with unstable living situations who are too ill or frail to recover in their usual living environment, and in need of clinical oversight (med management or administration, activities of daily living [ADL] assistance), but do not necessarily require nursing facility (NF) level of care.

### Respite Services

**Short-term relief provided to informal caregivers** of members who are at risk of being unable to provide care without a break.

### Short-Term Post Hospitalization Housing

**Setting in which members can continue receiving care** for medical psychiatric, or substance use disorder needs immediately **after exiting a hospital**. Up to 180-day placement for people who are homeless and need clinical oversight. Members must also participate in housing navigation.

### Sobering Centers\*

**Alternative destinations for members who are found to be intoxicated** and would otherwise be transported to an emergency department or jail. Short term, no more than 24-hour, placement in lieu of emergency room or jail for intoxicated persons to become sober, and connect with substance use disorder (SUD) services.

**New and innovative services to support our members in staying in an environment where they can thrive.**

The Department of Health Care Services (DHCS) has approved 14 Community Supports to individuals with complex physical behavioral, developmental, and social needs. These Community Supports are optional services that a managed care plan like CenCal Health may choose to provide. Community Supports provide cost-effective alternatives to traditional medical services or settings and may not include direct medical care.

The purpose of Community Supports is to address members with complex social needs, including homelessness, unstable and unsafe housing, and inadequate access to medically appropriate foods. By addressing these social determinants of health, members have a greater opportunity to enjoy healthier lives in a safer environment.

Community-based organizations and providers will typically provide Community Supports services. Enhanced Care Management providers may also serve as Community Supports providers if they have appropriate experience.

## Community Supports (cont.)

### Services for Long-Term Well-Being in Home-Like Settings

#### **Asthma Remediation**

Physical modifications to a member's home to ensure safety in home to prevent asthma being exacerbated

#### **Day Habilitation Programs**

Programs provided to assist members with developing skills necessary to reside in home-like settings, often provided by peer mentor-type caregivers. These programs can include training on use of public transportation, preparing meals, training in financial management, employment support, daily living skills, etc. to ensure stability in the community

#### **Environmental Accessibility Adaptation (Home Modification)**

Home modifications to ensure the health and safety of the members, including installing modifications such as ramps and grab bars in the shower.

#### **Medically Tailored Meals\***

Meals delivered to the home that are tailored to meet members' unique dietary needs, including following discharge from a hospital, and no other resources to help them prepare meals.

#### **Nursing Facility Transition/Diversion to Assisted Living Facilities**

Services provided to assist member transitioning from nursing facility care to community settings or prevent members from being admitted to nursing facilities.

#### **Community Transition/Nursing Facility Transition to Home**

Services provided to assist members transitioning from nursing facility care to home settings in which they are responsible for living expenses.

#### **Personal Care and Homemaker Services**

Services provided to assist members with daily living activities, such as bathing, dressing, housecleaning, and grocery shopping, while waiting for In-Home Supportive Services (IHSS) to start, or in addition to IHSS for certain circumstances.

**\*These Community Support services are currently being offered, as of January 2023.**