

Recuperative Care

Quick Reference Guide

What is Recuperative Care?

Recuperative Care, also called medical respite, provides short-term residential care for individuals who (a) are homeless or at risk of being homeless, (b) are discharging from the hospital, but still need to heal from injury or illness, and (c) whose conditions would be exacerbated by an unstable living environment.

An extended stay in a recovery care setting allows individuals to continue their recovery and receive post-discharge treatment while obtaining access to primary care, behavioral health services, case management, and other supportive social services, such as transportation, food, and housing.

CenCal Health members who qualify for this service can receive up to ninety (90) days of Recuperative Care services consecutively.



Who is eligible?

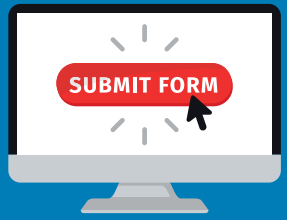
Individuals enrolled with CenCal Health who:

- Are at risk of hospitalization or are post-hospitalization;
- Individuals who live alone with no formal supports;
- Individuals who face housing insecurity or have housing that would jeopardize their health and safety without modification;
- Meet the Housing and Urban Development (HUD) definition of homeless as defined in Section 91.5 of Title 24 of the Code of Federal Regulations and who are receiving enhanced care management, or who have one or more serious chronic conditions and/or serious mental illness and/or is at risk of institutionalization or requiring residential services as a result of a substance use disorder.

Individuals who are determined to be at risk of experiencing homelessness are eligible to receive Recuperative Care services if they have significant barriers to housing stability and meet at least one of the following:

- Have one or more serious chronic conditions;
- Have a serious mental illness (SMI)
- Are at risk of institutionalization or overdose or are requiring residential services because of a substance use disorder (SUD)
- Are receiving enhanced care management (ECM)
- Have a serious emotional disturbance (SED)
- Are a Transition-Age Youth with significant barriers to housing stability, or who have been victims of trafficking or domestic violence.
- Able to transition out of inpatient facility care, skilled nursing facility care, or other health care facility, and Recuperative Care is medically appropriate and cost effective.

How to submit a request for authorization



Recuperative Care Providers can submit a Treatment Authorization Form TAR (50-1) for Recuperative Care through the Provider Portal or by fax at (805) 681-3039.

Unit of service: Per Diem (Per Day)

HCPCS billing code: T2033 U6 modifier code

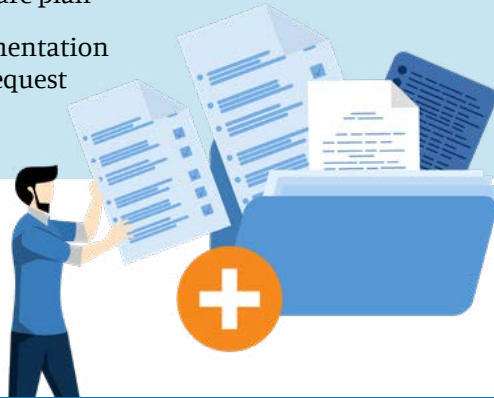
Quantity: Initial authorization should be for 30 days to avoid discharge delay. Secondary authorization must be submitted before the initial authorization expires for up to a total of 60 additional days.

Dates of Service: 90 days or 3 months

For claims & billing please reference the HCPCS codes and units.

Required Documentation

- Recuperative Care Information and Referral Form <https://qrco.de/RCinfoandform>
- Discharge plan or care plan
- Any relevant documentation to support the RC request



Visit our Provider Directory for a list of contracted Providers
<https://qrco.de/bedIvz>



Link to Provider FAQs:
<https://qrco.de/providerFAQ>



For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- communitysupports@cencalhealth.org
(if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

