

# Respite Services

## Quick Reference Guide

### What are Respite Services?

Respite Services are provided to caregivers of members who require intermittent temporary supervision. The services are provided on a short-term basis because of the absence or need for relief of those persons who normally care for and/or supervise them and are non-medical in nature.

This service is distinct from medical respite/recuperative care and is rest for the caregiver only.

### Who is eligible?

Individuals who live in the community and are compromised in their Activities of Daily Living (ADLs) and are therefore dependent upon a qualified caregiver who provides most of their support, and who require caregiver relief to avoid institutional placement.

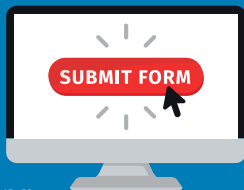
Other subsets may include children who previously were covered for Respite Services under the Pediatrics Palliative Care Waiver, foster care program beneficiaries, members enrolled in either California Children's Services or the Genetically Handicapped Persons Program (GHPP), and Members with Complex Care Needs.



### Required Documentation

- **Respite Services Information and Referral form** and any additional documentation to support the request.  
[qrco.de/Respite-Care-Referral-Form](http://qrco.de/Respite-Care-Referral-Form)

## How to submit authorization



Providers will submit a Treatment Authorization Request (TAR 50-1) attaching the Respite Services Information and Referral form. The forms can be sent to CenCal Health through:

- Provider Portal
- By fax at (805) 681-3039 or
- By using the Community Supports secure link, which can be requested by calling the Community Supports Unit at (805) 562-1698.

**Unit of service:** One (1)

**HCPCS billing code:** S9125

**Billing modifier:** U6

**Setting:** In-person

**Frequency:** As needed

**Quantity:** 1-336 (Hours) based on members needs

**Date of Services:** Up to one (1) year, allowing the member to utilize the time when needed within the year time frame.



**Visit our Provider Directory for a list of contracted Providers**  
<https://qrco.de/bdVaAZ>



**Link to Provider FAQs:**  
<https://qrco.de/bdKtpT>



For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- [communitysupports@cencalhealth.org](mailto:communitysupports@cencalhealth.org)  
(if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

