

Sobering Centers

Quick Reference Guide

What are Sobering Centers?



Sobering Centers provide an alternative destination for members aged 18 years and older who are publicly intoxicated (due to alcohol and/or other drugs) and would otherwise be transported to the emergency department or jail. Sobering Centers provide individuals—primarily those who are homeless or those with unstable living situations—with a safe, supportive environment to become sober.

Sobering Centers provide a number of services, which may include one or more of the following:

- Medical triage
- Lab testing
- Temporary shelter/bed
- Rehydration
- Food service
- Treatment for nausea
- Wound and dressing changes
- Shower and laundry facilities
- Substance use education and counseling
- Navigation and warm hand-offs for additional substance use services or other necessary health care services
- Homeless care support services

Who is eligible?

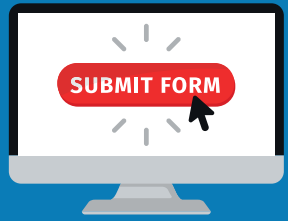
CenCal Health members who:

- Are 18 years of age or older.
- Are intoxicated, but conscious and cooperative.
- Are nonviolent.
- Are free from any medical distress.
- Would otherwise be transported to the emergency department or a jail or presented at an emergency department and are appropriate to be diverted to a Sobering Center.

Required Documentation

- Sobering Center Information and Referral Form <https://qrco.de/SCinfoandform>
- Case or care plan, *(if applicable)*
- Any relevant documentation to support request, *(if applicable)*

How to submit for authorization for Sobering Center Services



Providers will submit a Treatment Authorization Form (TAR 50-1) attaching the Sobering Centers Information and Referral form.

The forms can be sent to CenCal Health through the Provider Portal, by fax at (805) 681-3039, or by using the Community Supports secure link, which can be requested by calling the Community Supports Unit at (805) 562-1698.

Unit of service: One (1)

HCPCS billing code: H0014 with U6 modifier

Quantity: One (1) day

Dates of Service: As needed, up to one (1) day

For claims & billing please reference the HCPCS codes and units.



Visit our Provider Directory for a list of contracted Providers
<https://qrco.de/bdVaAZ>



Link to Provider FAQs:
<https://qrco.de/bdKtpT>



For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- communitysupports@cencalhealth.org
(if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

