

Medically Tailored Meals/ Medically Supported Food Quick Reference Guide

What are Medically Tailored Meals?

The program provides up to two medically-tailored meals per day and/or medically-supportive food and nutrition services for up to 12 weeks, or longer if medically necessary for Members in need of dietary support.



Who is eligible?

- Individuals with chronic conditions, such as but not limited to diabetes, cardiovascular disorders, congestive heart failure, stroke, chronic lung disorders, human immunodeficiency virus (HIV), cancer, gestational diabetes, or other high risk perinatal conditions, and chronic or disabling mental/behavioral health disorders.
- Individuals being discharged from the hospital or a skilled nursing facility or at high risk of hospitalization or nursing facility placement
- Individuals with extensive care coordination needs.

Required Documentation

- **Information and Referral Form**
The fillable form is available at <https://qrco.de/MTMForm>.
- **Any relevant medical documentation to support request**



How to submit for authorization for Medically Tailored Meals/ Medically Supported Food



Primary Care, Specialty Care, or Enhanced Care Management Providers may request Medically Tailored Meals/ Medically Supported Food by submitting a Treatment Authorization Form through the provider portal, or by fax to (805) 681-3039.

Unit of service: One (1)

HCPCS billing code:

Meals: S5170 (U6 modifier)

Quantity: 168

Medically Supported Food: S9977 (U6 modifier)

Quantity: 12

Dates of Service: Twelve (12) weeks; 84 days

For claims & billing please reference the HCPCS codes and units.

Exclusion criteria

Some members may not be eligible for MTM services.

They include:

- Members who reside in a living facility that provides more than 7 meals a week.
- Members receiving more than two meals per week from another meal provider.
- Members receiving other meal delivery services from local, state, or federally funded programs (i.g., Meals on Wheels).



For a list of contracted providers who can provide your eligible patients with Medically Tailored Meals/ Medically Supported Food
<https://qrco.de/bdVaAZ>



Link to Provider FAQs:
<https://qrco.de/bdKtpT>



For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- communitysupports@cencalhealth.org
(if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

