

Personal Care and Homemaker Services Quick Reference Guide

What is Personal Care and Homemaker Services?

Personal Care and Homemaker programs aid individuals who could otherwise not remain in their homes. Personal Care Services and Homemaker Services are provided for individuals who need assistance with Activities of Daily Living (ADLs) such as bathing, dressing, toileting, ambulation, or feeding.

Personal Care Services can also include assistance with Instrumental Activities of Daily Living (IADLs) such as meal preparation, grocery shopping, laundry, and money management.

It includes services provided through the In-Home Support Services (IHSS) program, including house cleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming, and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.



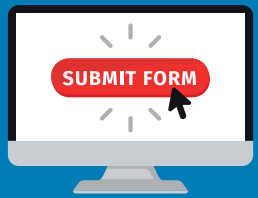
Who is eligible?

- Member is at risk of hospitalization or institutionalization in a nursing home
- Member has functional deficits and no other adequate support system
- Member has a pending or has been approved for In-Home Supportive Services. Eligibility criteria can be found at <http://www.cdss.ca.gov/In-Home-Supportive-Services>.
- For members not eligible to receive In-Home Supportive Services, to help avoid a short-term stay in a skilled nursing facility (not to exceed 60 days)

Required Documentation

Personal Care Services and Homemaker Services Information and Referral form and any relevant documentation to support request.

How to submit a request for authorization



Providers will submit a Treatment Authorization Request (TAR 50-1) attaching the Personal Care and Homemaker Services Information and Referral form. The forms can be sent to CenCal Health through the Provider Portal, by fax at (805) 681-3039, or by using the Community Supports secure link, which can be requested by calling the Community Supports Unit at (805) 562-1698.

Unit of service: One (1)

HCPCS billing code: S5130

Billing modifier: U6

Setting: In-person

Frequency: As needed

Quantity: Please use the calculator to determine based on rank and length of authorization.

**IHSS Pending - Authorize This Number Of Units					
	Weekly Hours	Monthly Hours	2 Month Hours	6 Months Hours	12 Months Hours
Average Rank (1)	0	0	0	0	0
Average Rank (2)	94	376	752	2256	4512
Average Rank (3)	112	448	896	2688	5376
Average Rank (4)	149	596	1192	3576	7152
Average Rank (5)	181	724	1448	4344	8688

**Above IHSS Complete Assessment - Authorize This Number Of Units					
	Weekly Hours	Monthly Hours	2 Month Hours	6 Months Hours	12 Months Hours
Average Rank (1)	0	0	0	0	0
Average Rank (2)	47	188	376	1128	2256
Average Rank (3)	56	224	448	1344	2688
Average Rank (4)	75	300	600	1800	3600
Average Rank (5)	91	364	728	2184	4368

Date of Services: The initial authorization can be submitted for up to sixty (60) days. All subsequent for up to 365 days.



Visit our Provider Directory for a list of contracted Providers
<https://qrco.de/bdVaAZ>



Link to Provider FAQs:
<https://qrco.de/bdKtpT>



For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- communitysupports@cencalhealth.org
(if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

