



Date: December 17, 2024

From: CenCal Health
Community Supports Medical Management Department

Subject: Access the Latest Medically Tailored Meal Referral Forms Online and more!

CenCal Health has updated its [Medically Tailored Meals \(MTM\) Referral Form](#), now available online. This form is essential for referring eligible CenCal Health members to the MTM program, which provides home-delivered meals tailored to specific medical conditions. The program aims to enhance health outcomes and reduce hospital readmissions.

Eligibility Criteria:

- **Chronic Conditions:** Members with conditions such as diabetes, cardiovascular disorders, congestive heart failure, stroke, chronic lung disorders, HIV, cancer, gestational diabetes, high-risk perinatal conditions, or chronic mental/behavioral health disorders.
- **Recent Discharge or High Risk:** Members recently discharged from a hospital or skilled nursing facility, or those at high risk of hospitalization or nursing facility placement.
- **Extensive Care Coordination Needs:** Members requiring significant care coordination.

Referral Process:

- **Complete the Referral Form:** Access and fill out the updated Medically Tailored Meals (MTM) Referral Form available on CenCal Health's website.
- **Member Consent:** Ensure the member has consented to participate in the MTM program.
- **Submit the Form:** Submit the completed referral form either directly to the provider or to CenCal Health for referral tracking and assignment to a provider.

Along with the MTM Form, CenCal Health has also made updates to the following:

- [Sobering Center Information & Referral Form](#)
- [Community Supports Discontinuation Form](#) - Now includes text wrap functionality in the details field.
- [Community Support Provider Reassignment Form](#)

For detailed information and to access these referral forms, visit CenCal Health's Community Supports page at www.cencalhealth.org/providers/calaim/.

If you have questions or need assistance with the referral process, contact CenCal Health's Community Supports Department at 805-562-1698.

Please ensure all referrals are submitted through the appropriate channels to facilitate timely processing and support for eligible members.

In Partnership,
CenCal Health