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CenCal Health Behavioral Health Department Technical Assistance

September 2023



Agenda

- Pre-Service Authorization
- Post Service Authorization
- Concurrent Review
- Assessments
- Care Coordination



Authorization Requirements: Pre-Services



Medi-Cal requires that ABA providers provide services under an approved treatment plan.



ABA requires pre-service authorization-meaning an authorization must be approved prior to starting or providing care



Please submit authorization requests **at least 2 weeks prior** to the authorization ending

Post Service Authorizations

If you submit a post service authorization, an authorization for dates of services that occurred in which you did not have an authorization for care, Medi-Cal allows up to 30 days to review.

Please submit these request for authorization separate from dates of service that have NOT occurred.

- This will ensure that the member's care can continue uninterrupted.
- If treatment plan is incomplete, it may not meet for medical necessity.



Concurrent Review: Status Definition

Per CenCal Health Policy on Concurrent Review MM-UM01: Concurrent Review: Concurrent review is Utilization Review that is performed during a hospital stay or other course of treatment, such as outpatient observation.

It includes the review of requests for admission and/or **continued stays or services at LTC, CLHF, SNF, ICF, subacute facilities.**

The concurrent review authorization request option should not be used for pre-service requests. It is only for members who are admitted to an inpatient setting.



Assessment Tools

Medi-Cal requires a review of recent assessments and reports

- Please ensure to complete a minimum of 1 assessment per reporting period.

Data obtained in assessment reports

- Support data triangulation of time studies and observational data.
- Support assessment of the Member's current functioning
- Support evaluation of treatment efficacy

Please consider the member's diagnosis and if the assessment tool is aligned.



Assessment Tools

Assessment Tool	Diagnosis
VB-MAPP	Autism, and people with Language Delays
Vineland	Intellectual and Developmental Disabilities, Autism, ADHD, Post-Traumatic Brain Injury, Hearing Impairment, Dementia/Alzheimer's
PEAK/PCA	Autism (possibly other Developmental Disabilities, most research on this assessment focuses on Autism)
AFLS	Autism or other Developmental Disabilities
ABAS-3	Developmental Delays, Autism, Intellectual Disabilities, Learning Disabilities, Neuropsychological Disorders, Sensory or Physical Impairments
DAYC-2	Developmental Delays
ABLLS-R	Autism or other Developmental Disabilities

Care Coordination Responsibilities

Medi-Cal requires ABA providers to ensure care coordination and document care coordination plans that involves:

- The guardian
- School
- State disability Programs
- Other Programs and Institutions

Please ensure documentation in treatment plans is individualized and assess current providers involved in the member's care and the care coordination that will occur to ensure non-duplication of services and collaboration.



CenCal Health Model of Care

CenCal Health's model of care is centered around the PCP directing care for all members; this includes directing referrals to specialty care.

Specialists, like ABA providers, can support member care by coordinating care with the PCP to provide critical information on the members needs such as:

- Mental Health
- Speech
- Occupational Therapy



Thank you!

For any questions, please contact
the Behavioral Health Department
Provider Line at (805) 562-1600



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