

Doula Services Recommendation Form

Support for healthy pregnancies and follow-up care

Fax (805) 681-3071 or send via secure link: <https://gateway.cencalhealth.org/form/hs>

To receive doula services from CenCal Health, members need a recommendation from a licensed provider. Recommendations can be submitted in the [CenCal Health Provider Portal](#) via a Treatment Authorization Request (TAR) form or by submitting this recommendation request.

This recommendation authorizes one initial prenatal visit; eight visits during the perinatal period, including up to one year after pregnancy; support during labor and delivery, miscarriage, or abortion; and two extended postpartum visits.

If you are a licensed provider... By providing this recommendation of doula services, you acknowledge that the CenCal Health member would benefit from non-clinical doula services in addition to appropriate clinical care. A recommendation is not the same as a referral, prescription, or medical order.

If you are a doula... You must retain the record of a licensed provider's recommendation for each member prior to initiation of their doula care, storing the record in a manner consistent with HIPAA requirements. Prior approval of this recommendation form is required prior to service, and can be referenced on the [CenCal Health Provider Portal](#) with an authorization confirmation number.

PATIENT INFORMATION		
Patient First Name:	Middle Name:	Last Name:
Date of Birth:	Member ID# (CIN):	
Age:	Diagnosis:	ICD-10:
Date of Recommendation:	Licensed Provider's Signature:	
LICENSED PROVIDER RECOMMENDATION REQUEST		
Recommending Licensed Provider Name and Specialty:		
Group NPI#:	Address:	
Office Contact Name:	Phone:	Fax:
Date of Recommendation:	Licensed Provider's Signature:	
DOULA PROVIDER RECOMMENDATION		
(You may provide a recommendation without identifying the doula who will serve the member)		
Contracted Doula Provider:		
Group NPI#:	Address:	
Office Contact Name:	Phone:	Fax:

Under the doula benefit, Medi-Cal defines a "licensed provider" as a physician or other licensed practitioner of the healing arts, including nurse midwives, nurse practitioners, licensed midwives, and behavioral health providers, acting within their scope of practice under state law. The recommending licensed provider does not need to be enrolled in Medi-Cal or be a network provider within the beneficiary's managed care plan.

Under Medi-Cal, a beneficiary who is pregnant within the past year, and would either benefit from doula services or who requests doula services, would meet the medical necessity criteria for a recommendation for doula services. For more information, visit www.dhcs.ca.gov.