

Be Ready for Your Child's Checkup

Reminders

- Bring your child's immunization record to the appointment. If you do not have a record, ask your doctor for one.
- Bring a list of all medicines your child is taking, or bring the medicines with you to the appointment.
- Ask about normal growth and development milestones to look for in your child.



Please fill in the information below and bring this with you to your child's appointment!

What questions or concerns do I have about my child that I want to talk about during this appointment?

Are there any recent stresses in the family that may be affecting my child, such as death of a loved one, loss of a job, or fights?

YES NO

If yes, explain briefly:

Since the last appointment, has my child had any recent injury or been diagnosed with any new disease or condition?

YES NO

If yes, fill in the following information.

Injury, condition, or disease?	Who gave this diagnosis?	What treatment was given?

What medicines (including prescription, over-the-counter, herbs, and natural health products) does my child take?

Name of medicine	What is the medicine for?

Does my child have any new allergies to medicines, foods, or other substances?

YES NO

If yes, fill in the following information.

Medicine or substance	Reaction

Do I have any concerns for my child in any of the following areas?

YES NO

Concerns	If yes, please explain and describe the problem.
Sleeping	
Eating	
Bowel or bladder	
Speech and language	
Hearing or vision	
How my child behaves	
Physical growth and coordination	
Emotions	
School or daycare	
Physical activity	