Community Resources

Behavioral Health Services
CenCal Health partners with many community organizations to ensure that our members not only have access to high quality medical services but to high quality community based services as well. Below you will find contact information for these organizations organized by region.

Santa Barbara County
Crisis Services
Santa Barbara County Behavioral Wellness (888) 868-1649
http://countyofsb.org/behavioral-wellness
Safe Alternatives for Treating Youth (SAFTY): Mental health crisis services for youth younger than age 21. (888) 334-2777 www.casapacifica.org

Mental Health Treatment Services
Santa Barbara County Behavioral Wellness: Specialty Mental health services
All ages County-wide. (888) 868-1649; http://countyofsb.org/behavioral-wellness
The Holman Group CenCal contracted provider for mild to moderate mental health services:
All ages; County-wide (800) 321-2843 www.holmangroup.com
New Beginnings Counseling Center: All Ages Santa Barbara. (805) 963-7777 www.sbnbc.org
Family Service Agency: Children & families County-wide. (805) 965-1001 www.fsacares.org
CALM; Children and families; County-wide (805) 965 2376 www.calm4kids.org
Pathpoint: Adults Santa Barbara. (805) 963 1086 www.pathpoint.org
Crescend Health: Adults Santa Barbara (805) 845-0700 www.discovermainstream.com
Sanctuary Centers: Adults Santa Barbara (805) 569 2785 www.sanctuarycenters.org
People Helping People: All ages Solvang (805) 705-9142 www.syvphp.org

Drug and Alcohol Services & Dual Diagnosis Treatment
Santa Barbara County Behavioral Wellness: Adults & Youth County-wide. (888) 868-1649;
http://countyofsb.org/behavioral-wellness
Council on Alcoholism and Drug Abuse: Adults & Youth Santa Barbara & Santa Maria.
(805) 963-1433 www.cadasb.org
Community Resources (continued)

Coast Valley Substance Abuse Treatment Centers: Adults Lompoc & Santa Maria.  
(805) 739 -1512 www.coastvalleysatc.com  
Good Samaritan Recovery Point: Adults Santa Maria & Lompoc.  
(805) 346-8185 www.goodsamaraitanshelter.org  
Sanctuary Centers: Adults Santa Barbara. (805) 569 2785 www.sanctuarycenters.org  
Crescend Health: Adults Santa Barbara. (805) 965-3434 www.crescendhealth.org  
Santa Barbara Rescue Mission: Adults Santa Barbara. (805) 966-7495 www.sbrm.org

Other Behavioral Health Supportive Services
Alcoholics Anonymous (805) 962-3332 www.santabarbaraAA.com  
Mental Wellness Center (805) 884-8440 www.mentalwellnesscenter.org  
NAMI (805) 884 8440 http://www.mentalwellnesscenter.org/about-us-nami/  
Transitions-Mental Health Association-Santa Maria (805) 540-6500 www.t-mha.org  
Transitions-Mental Health Association-Lompoc (805) 865-1940 www.t-mha.org

San Luis Obispo County
San Luis Obispo County Mental Health 24 hour Access Line (800) 838-1381  
Transitions-Mental Health Association (805) 540-6500 www.t-mha.org  
Alcoholics Anonymous (855) 541-3288 (805) 541-3211 www.sloaa.org  
Wilshire Health & Community Services: (805) 547-7025 www.wilshirecommunityservices.org  
Child Development Resource Center (805) 544-0801 www.childrensresource.org  
Community Counseling Center (805) 543-7969 www.cccslo.org  
NAMI (805) 543-1825 www.namislo.org

Substance Use Disorder
North County Connections: (805) 462 8600  www.northcountyconnection.com  
Aegis (805) 461-5212 www.aegismed.com

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