Disabled
Our communities have resources available to help. The following list provides help for those seeking help from free or low-cost programs. If you are in need, please contact one of the organizations, below, near you. Although these organizations are available to the public, you must qualify for some.

Attention CenCal Health Members:
If you have questions about your health benefits, please contact our Member Services Department at (877) 814-1861

South Santa Barbara County
Alpha Resource Center/Family First, (877) 414-6227, www.alphasb.org
California Children's Services (CCS), (805) 681-5360
Tri-Counties Regional Center-Santa Barbara, (805) 962-7881, www.tri-counties.org
Special Olympics, (805) 884-1516, www.sosc.org/santabarbara
Braille Institute (Blind/Vision Impaired), (805) 682-6222, www.brailleinstitute.org
PathPoint, (805) 966-3310, www.pathpoint.org
Visiting Nurses Association (VNA) Loan Closet (805) 690-6235, www.vnhcsb.org/
Epilepsy Resource Coalition (805) 967-8140

North Santa Barbara County
Alpha Resource Center/Family First, (877) 414-6227, www.alphasb.org
California Children's Services (CCS), (805) 681-5360
Tri-Counties Regional Center, (805) 922-4640, (800) 266-9071, www.tri-counties.org
Special Olympics, (805) 925-0951, www.sosc.org/nsbc
PathPoint, (805) 966-3310, www.pathpoint.org
Loan Closet, People Helping People, Los Osos, and (805) 937-2470
Loan Closet, Saint Andrew United Methodist Church (805) 937-2470
San Luis Obispo County
California Children's Services (CCS), (805) 781-5527
Hearing Loss Association of America San Luis Obispo Chapter (805) 543-6955
www.hearinglossca.org/chapters/southern-chapters/central-coast-chapter
Easter Seals, (805) 647-1141
Central Coast Autism Spectrum Center, (805) 763-1100, www.autismspectrumcenter.com
Parents Helping Parents (805) 543-3277 www.phpslo.org
Loan Closet Atascadero Senior Center (805) 466-4674
Loan Closet Oceano Elks Lodge (805) 489-2504
Special Olympics, (805) 544-6444, www.sosc.org
Tri-Counties Regional Center-San Luis Obispo, (805) 543-2833, www.tri-counties.org