Community Resources

Individuals and Adults
CenCal Health partners with many community organizations to ensure that our members not only have access to high quality medical services but to high quality community based services as well. Below you will find contact information for these organizations organized by region.

Santa Barbara County
Planned Parenthood (888) 898-3806 www.plannedparenthood.org/ppsbsvsl
American Lung Association – Helpline (800) 586-4872 www.lung.org
Denti-Cal (Medi-Cal dentists & benefits) (800) 322-6384 www.denti-cal.ca.gov
California Poison Control Hotline (800) 222-1222 www.calpoison.org
California Smokers’ Helpline (Spanish) (800) 456-6386 www.nobutts.org
California Smokers’ Helpline (800) 662-8887 www.nobutts.org
SB Public Library (805) 962-7653
SBCC Adult Education ESL classes (805) 964-6853 (805) 687-0812
Tobacco Prevention Programs (805) 681-5407
Pacific Pride-Santa Barbara (805) 963-3636 www.pacificpridefoundation.org
HIV Testing-Santa Barbara (805) 681-5488
American Cancer Society Helpline (800) 227-2345 www.cancer.org
American Red Cross (805) 687-1331 www.redcross.org/ca/santa-barbara
Cancer Center of Santa Barbara (805) 682-7300 www.ccsb.org
Breast Cancer Resource Center www.bcrs.org
Multiple Sclerosis Society (805) 682-8783
American Heart Association (805) 963-8862 www.heart.org
Domestic Violence Solution (24 Hr Helpline)-Santa Barbara (805) 964-5245 www.dvosolutions.org
Domestic Violence Solutions (24 Hr Helpline)-Santa Ynez (805) 686-4390
SB Rape Crisis Center (24 Hr Helpline) (805) 564-3696 www.sbrapecrisiscenter.org
North Santa Barbara County

Planned Parenthood (888) 898-3806 www.plannedparenthood.org/ppsbvslo
American Lung Association – Helpline (800) 586-4872 www.lung.org
Denti-Cal (Medi-Cal dentists & benefits) (800) 322-6384 www.denti-cal.ca.gov
California Poison Control Hotline (800) 222-1222 www.calpoison.org
California Smokers’ Helpline (Spanish) (800) 456-6386 www.nobutts.org
California Smokers’ Helpline (800) 662-8887 www.nobutts.org
Pacific Pride-Santa Maria (805) 349-9947 www.pacificpridefoundation.org
HIV Testing-Santa Maria (805) 346-7230
Central Coast Literacy Council (805) 925-0951
Allan Hancock College ESL classes (805) 922-6966 ext. 3299
Santa Maria Public Library (805) 925-0994
Tobacco Prevention Programs-Santa Maria & Lompoc (805) 681-5407
American Cancer Society Helpline (800) 227-2345 www.cancer.org
American Red Cross-Santa Maria (805) 928-0778 www.redcross.org/ca/santa-barbara
Mission Hope Cancer Center (805) 219-4673
American Heart Association (805) 963-8862 www.heart.org
Domestic Violence Solutions (24 Hr Helpline)-Santa Maria (805) 925-2160 www.dvsolutions.org
Domestic Violence Solutions (24 Hr Helpline)-Lompoc (805) 736-0965
North County Rape Crisis Center & Child Protection (24 Hr Helpline)-Santa Maria (805) 928-3554 www.sbcountyrapecrisis.org
North County Rape Crisis Center & Child Protection (24 Hr Helpline)-Lompoc (805) 736-7273 or (805) 736-8535
San Luis Obispo County

Planned Parenthood (888) 898-3806 www.plannedparenthood.org/ppsbsvslp
American Lung Association – Helpline (800) 586-4872 www.lung.org
Denti-Cal (Medi-Cal dentists & benefits) (800) 322-6384 www.denti-cal.ca.gov
California Poison Control Hotline (800) 222-1222 www.calpoison.org
California Smokers’ Helpline (800) 662-8887 www.nobutts.org
California Smokers’ Helpline (Spanish) (800) 456-6386 www.nobutts.org
SLO Oral Health Coalition (805) 781-5564 www.slooralhealth.org
San Luis Obispo Literacy Council (800) 541-4219 www.sloliteracy.org
SLO Public Library (805) 781-5991 www.slolibrary.org
Tobacco Control Program (805) 781-5564
HIV and Hepatitis C Testing/Services (805) 781-4878
American Cancer Society Helpline (800) 227-2345 www.cancer.org
American Red Cross (805) 543-0696 www.redcross.org
Hearst Cancer Resource Center (805) 542-6234
American Heart Association (805) 544-1505 www.heart.org
SLO Hepatitis C Project (805) 781-3660 www.slohepc.org
RISE - Sexual Assault/Partner Violence Programs-San Luis Obispo (855) 886-7473
(805) 545-8888 www.riseslo.org
RISE-Sexual Assault/Partner Violence Programs-Paso Robles (805) 226-5400
Women’s Shelter Program of SLO County (24 Hour Helpline) (805) 781-6400
www.womensshelterslo.org