It is important for your child to have regular checkups with his/her doctor and to get immunizations (shots). Immunizations help protect your child from serious diseases.

Vaccines are very safe and effective. They prevent diseases by making your child’s immune system stronger. Immunize your child for a lifetime of good health.

**IMMUNIZATIONS**

**Birth:** HepB  
**1 month:** HepB  
**2 months:** DTaP, PCV13, Hib, RV, IPV  
**4 months:** DTaP, RV, Hib, PCV13, IPV  
**6 months:** DTaP, RV, Hib, PCV13, IPV  
**Between 6 to 18 months:** IPV, HepB  
**Between 12-15 months:** MMR, Hib, PCV13, VAR  
**Between 12-23 months:** HepA (2 doses, 6 months apart)  
**15 months:** Between 15–18 months: DTaP  
**4 to 6 years:** DTaP, MMR, IPV, VAR  
**11 to 12 years:** MCV, Tdap, HPV (2 doses for girls and boys)  
**13 to 21 years:** MCV (at age 16)

**IMMUNIZATIONS DEFINED**

- **RV:** Rotavirus  
- **IPV:** Polio  
- **VAR:** Chickenpox  
- **HepA:** Hepatitis A  
- **MCV:** Meningococcal  
- **PCV13:** Pneumococcal  
- **HPV:** Human Papillomavirus  
- **MMR:** Measles, Mumps, Rubella  
- **Hib:** Haemophilus influenzae type b  
- **DTaP:** Diphtheria, Tetanus, and Pertussis

Immunizations are also called baby shots, boosters, vaccinations, shots, or vaccines.

Do you have concerns about vaccine safety? Get accurate, reliable information on our website. Go to cencalhealth.org/vaccines
WELL-CHILD VISIT / CHECK UP
It is important for your child to have regularly scheduled checkups, often called well-child visits. Each visit includes a complete physical exam. At this exam, the health care provider will check your child’s growth and development in order to find or prevent problems.

FLUORIDE VARNISH
Fluoride varnish prevents tooth decay and helps keep your child’s teeth and gums healthy. Once teeth are present, fluoride varnish may be applied every 3—6 months until age 5.

DYSLIPIDEMIA SCREENING
This screening checks for lipids (fat) in your child’s blood that can affect heart health. For ages 9-11 and 17-21.

VISION / HEARING TESTS
Vision screening is an important way to find any vision problems your child might have. Hearing screening is an important step in helping understand if your child may be deaf or hard of hearing.

DREPRESSION SCREENING
Your child’s doctor may now screen your teen for depression every year from ages 12 through 21 and can help provide treatment and resources to help with depression.

BLOOD LEAD TEST
This tests for lead levels in your child’s blood. Protecting children from exposure to lead is important to lifelong good health.